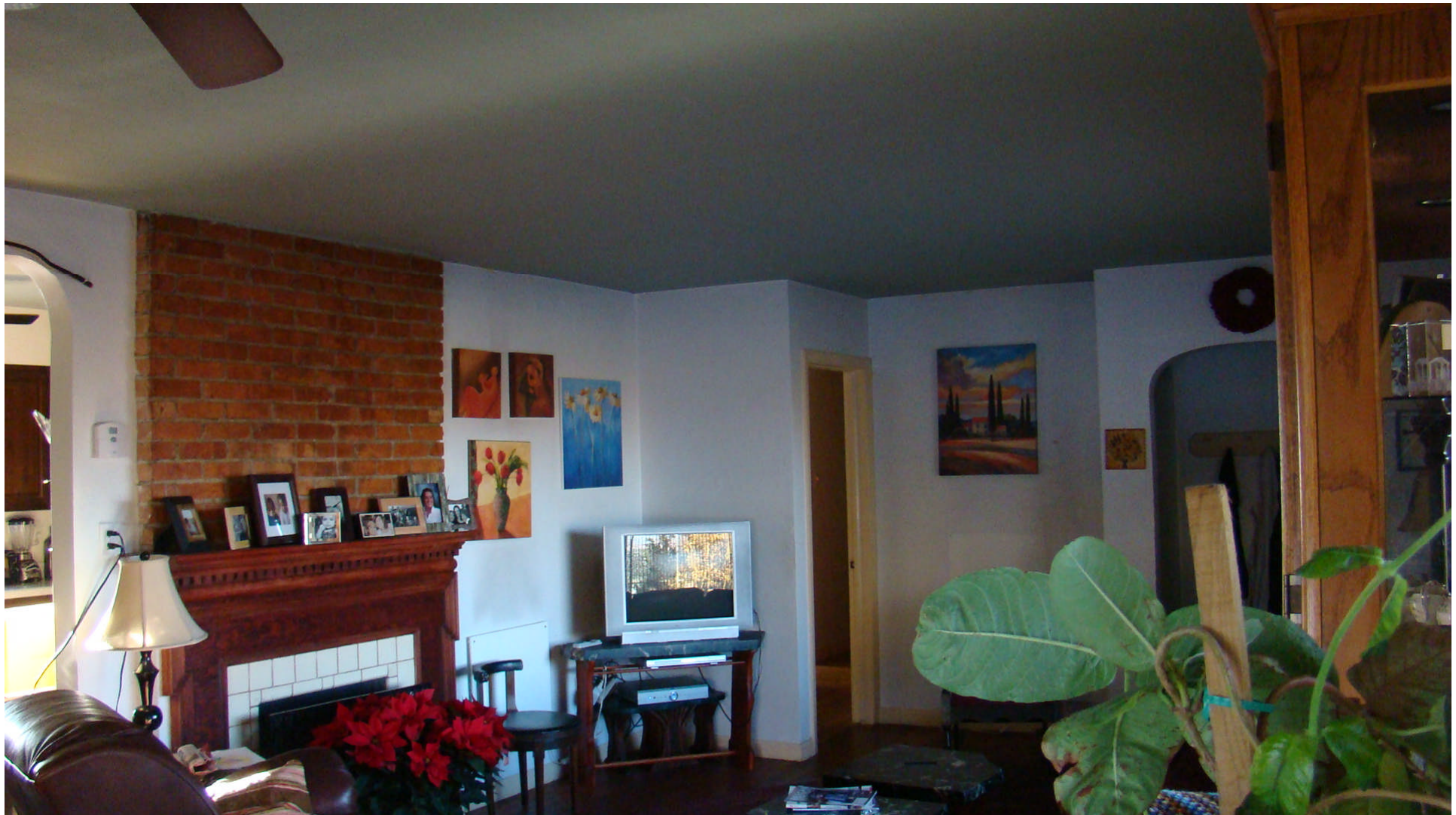


The ceilings in my living room, dining room and kitchen have finally been done with Thermo-shield. My budget is limited so I did the ceilings first. The greatest source of heat loss in the winter is the ceiling. It is also the source of greatest heat gain in summer.



I use these very efficient panel heaters (behind the small round chair) to heat my entire home. I can turn off 2 out of the 5 heaters I use for these 3 rooms and maintain the 70 degree temps my family demands. Our outside weather has been highs, 45-50 and lows, 25-30, just about average winter temps for Salt Lake. I can look forward to savings of at least 20% on my heating costs *just from painting my ceilings.*

